

October 2025 Lunch Menu (Stellar Leadership Academy)

Monday	Tuesday	Wednesday	Thursday	Friday
		10/1/2025	10/2/2025	10/3/2025
		Sausage Pasta Bake - Beef Sausage - Mozzarella Cheese - Peaches - 100% Fruit Juice - Romaine and Spinach Salad - Diced Tomato - Diced Cucumbers - Shredded Carrots - Marinara Sauce (In Entrée) - WG Ziti Pasta (In Entrée) - 8 oz. Variety Milk - Light Dressing		Hamburger - Beef Patty - Mandarin Oranges - 100% Fruit Juice - Oven-Fried Potatoes - Sliced Tomato and Shredded Lettuce (Garnish) - Romaine and Spinach Salad - Diced Tomato - Diced Cucumbers - Shredded Carrots - WGR Hamburger Bun - 8 oz. Variety Milk - Ketchup - Mustard - Light Dressing
10/6/2025	10/7/2025	10/8/2025	10/9/2025	10/10/2025
Beef and Broccoli - Beef, Steak Strips (in Entrée) - Fruit Cocktail - 100% Fruit Juice - Onions (in Entrée) - Green Bell Peppers (in Entrée) - Broccoli (in Entrée) - Cooked Carrots - WG Brown Rice - 8 oz. Variety Milk	Chicken Alfredo with a Twist - Diced Chicken (in Entrée) - Applesauce - 100% Fruit Juice - Romaine and Spinach Salad - Diced Tomato - Diced Cucumbers - Shredded Carrots - WGR Rotini Pasta (in Entrée) - WGR Bread - 8 oz. Variety Milk - Light Salad Dressing	Oven-Fried Chicken - Chicken Tenders - Peaches - 100% Fruit Juice - Baked Beans - Mashed Potato - WGR Cornbread - 8 oz. Variety Milk	Baked Beef Spaghetti - Ground Beef (In Entrée) - Pineapples - 100% Fruit Juice - Marinara Sauce (In Entrée) - Romaine and Spinach Salad - Diced Tomato - Diced Cucumbers - Shredded Carrots - WGR Spaghetti Pasta (in Entrée) - 8 oz. Variety Milk - Light Salad Dressing	Chicken Salad - Pulled Chicken (In Entrée) - Mandarin Oranges - 100% Fruit Juice - Romaine and Spinach Salad - Diced Tomato - Diced Cucumbers - Shredded Carrots - Celery (In Entrée) - WG Elbow Pasta (In Entrée) - WG Tostitos - 8 oz. Variety Milk - Light Salad Dressing
10/13/2025	10/14/2025	10/15/2025	10/16/2025	10/17/2025
Honey BBQ Baked Chicken - Chicken Thighs - Fruit Cocktail - 100% Fruit Juice - Black Beans - Corn - WG Brown Rice - WGR Bread - 8 oz. Variety Milk	Turkey Hot Dog - Hot Dog - Applesauce - 100% Fruit Juice - Coleslaw (Green, Red Cabbage & Shredded Carrots) - Baked Beans - WG Bun - 8 oz. Variety Milk - Ketchup - Mustard	Macaroni & Cheese - Cheese (In Entrée) - Pears - 100% Fruit Juice - Cooked Broccoli - Sweet Potato - WG Elbow Pasta (in Entrée) - WGR Bread - 8 oz. Variety Milk	Shepherd's Pie - Ground Beef (In Entrée) - Pineapples - 100% Fruit Juice - Cooked Carrots, Green Peas & Corn (In Entrée) - Mashed Potatoes (In Entrée) - WG Roll - 8 oz. Variety Milk	Cheese/Pepperoni Pizza - Mandarin Oranges - 100% Fruit Juice - Romaine and Spinach Salad - Diced Tomato - Diced Cucumbers - Shredded Carrots - Cheese/Pepperoni Pizza - 8 oz. Variety Milk - Light Salad Dressing

10/20/2025	10/21/2025	10/22/2025	10/23/2025	10/24/2025
WG Breaded Chicken Nuggets	Baked Chicken Drumstick	Beefaroni (Beef)	Arroz Con Pollo	WG Sub- Fajita Beef, Grilled Steak/Cheese
- WG Breaded Chicken Nuggets	- Baked Chicken Drumstick	- Ground Beef (in Entrée)	- Diced Chicken Breast- (in Entrée)	- Sliced Beef Strips (In Entrée)
- Fruit Cocktail-100% Juice	- Applesauce Cup	- Diced Peaches – 100% Juice	- Pineapple Tidbits – 100% Juice	- Mozzarella Cheese
- 100% Fruit Juice	- 100% Fruit Juice	- 100% Fruit Juice	- 100% Fruit Juice	- Mandarin Oranges
- Green Beans	- Black Beans	- Romaine and Spinach Salad	- Cooked Diced Carrots	- 100% Fruit Juice
- Sweet Mashed Potatoes	- Steamed Sweet Corn	- Diced Tomato	- Steamed Green Peas	- Romaine and Spinach Salad
- WG Roll	- WG Brown Rice	- Diced Cucumbers	- WG Brown Rice (in Entrée)	- Diced Tomato
- 8 oz. Variety Milk	- WGR Bread	- Shredded Carrots	- 8 oz. Variety Milk	- Diced Cucumbers
- Ketchup	- 8 oz. Variety Milk	- WG Elbow Pasta (in Entrée)		- Shredded Carrots
		- WG Roll		- Red Bell Peppers (in Entrée)
		- 8 oz. Variety Milk		- Broccoli (in Entrée)
		- Light Salad Dressing		- WG Tostitos
				- WG Hoagie
				- 8 oz. Variety Milk

10/27/2025	10/28/2025	10/29/2025	10/30/2025	10/31/2025
Hawaiian BBQ Meatballs	Louisiana Dirty Rice	Sausage Pasta Bake	Burrito Bowl w/WG Brown Rice	Hamburger
- Turkey Meatball	- Ground Beef (In Entrée)	- Beef Sausage & Mozzarella Cheese	- Ground Beef	- Beef Patty
- Fruit Cocktail	- Applesauce	- Peaches	- Pineapple Tidbits – 100% Juice	- Mandarin Oranges
- 100% Fruit Juice	- 100% Fruit Juice	- 100% Fruit Juice	- 100% Fruit Juice	- 100% Fruit Juice
- Cooked Carrots	- Baked Beans	- Romaine and Spinach Salad	- Salsa	- Oven-Fried Potatoes
- Mashed Potatoes	- WG Brown Rice (In Entrée)	- Diced Tomato	- Black Beans	- Sliced Tomato and Shredded Lettuce (Garnish)
- WG Roll	- 8 oz. Variety Milk	- Diced Cucumbers	- Corn	- Romaine and Spinach Salad
- 8 oz. Variety Milk		- Shredded Carrots	- WG Brown Rice	- Diced Tomato
		- Marinara Sauce (In Pasta)	- 8 oz. Variety Milk	- Diced Cucumbers
		- WG Ziti Pasta		- Shredded Carrots
		- 8 oz. Variety Milk		- WGR Hamburger Bun
		- Light Dressing		- 8 oz. Variety Milk
				- Ketchup
				- Mustard

All meals above are peanut and pork-free. All meals are served with 1% Milk and FF Chocolate Milk options. Menu items are subject to change based on the Grade group and fruit requirements to meet minimums.